### ERIN N. HENDERSON, PH.D.

Licensed Clinical Psychologist, Commonwealth of Pennsylvania #PS015659 Authority to Practice Interjurisdictional Telepsychology (APIT) #6198 71 McMurray Road, Suite 112, Pittsburgh, Pennsylvania 15241 (412) 568-1250; erinhenderson@erinhenderson.com

## EDUCATION

Dartmouth College - Hanover, N.H. 1995. B.A. In English. Graduated Cum Laude.

**Oxford University, New College -** *Oxford, England, UK.* **1994.** Transfer semester tutorials in British drama and literature.

University of Pittsburgh - *Pittsburgh, PA.* 2003. Ph.D. in Clinical and Developmental Psychology (dual degree). Major Advisor: Kay D. Jennings, Ph.D., Dissertation Title: "Maternal Personality Disorder and Infant Attachment."

**West Virginia University School of Medicine -** *Morgantown, WV.* **2002-2004.** Clinical Psychology Predoctoral Internship and Postdoctoral Fellowship in Clinical Child and Adolescent Psychology.

## **CLINICAL EXPERIENCE**

# Licensed Clinical Psychologist - *independent private practice, Pittsburgh, Pennsylvania.* January 2005 to present.

- Provide psychotherapy services for a diverse clientele ranging in age from two through 95. Presenting issues include anxiety, depression, PTSD, OCD, self-injurious behaviors, school and work-related difficulties, attentional problems, acting out behaviors, personality disorders, developmental issues, life transitions, grief, trauma, personal growth, management of adjustment to stressors, and social difficulties.
- Perform psychological diagnostic assessments of United States military Veterans for mental health disability compensatin and pension evaluations. Write and submit diagnostic reports and medical opinions in a timely manner (within 24 hours of assessment).
- Flexibly apply empirically supported treatments tailored to meet the individual client's needs within a cognitive behavioral framework.
- Collaborate with relevant professionals (e.g., physicians, teachers, occupational therapists) for coordination of care, education, and outreach.
- Collaborate with Horses With Hope therapeutic horse farm to develop an equine assisted psychotherapy program for military Veterans. Serve as mental health professional in delivery of equine assisted psychotherapy for PTSD and other mental health diagnoses.
- Perform diagnostic evaluations for ADHD via teleheath platform. Complete assessment review and submit diagnostic evaluations with treatment recommendations.
- Manage all aspects of office management, including record keeping, claims submission and reconciliation, billing, client communications, and marketing of services.
- Supervised masters level therapists on mental health and developmental disability evaluations and treatment recommendations for wrap-around services.

# Adjunct Assistant Professor – *Department of Pediatrics, West Virginia University School of Medicine*. July 2003 – June 2004.

- Developed an in-house psychology clinic within an Adolescent Medicine / Pediatrics outpatient practice to evaluate, triage, and treat adolescents with psychological dysfunction.
- Trained and supervised physicians on incorporating psychological assessment in a primary care setting.

## Psychology Intern and Postdoctoral Fellow. *West Virginia University Department of Behavioral Medicine and Psychiatry, Morgantown, WV.* July 2002 to June 2004

- Conducted psychological intake assessments for adult and child patients and conducting individual, family, and group psychotherapy. Specialized areas of training included child abuse evaluations, child and adult anxiety and mood disorders, eating disorders, disruptive behavior disorders, adjustment and transition issues, and self-injurious behaviors.
- Supervised psychology trainees (e.g., interns, graduate students) and participated in various didactic activities and seminars regarding treatment issues and professional development.

# Clinic Coordinator. *Clinical Psychology Center, University of Pittsburgh*. April 1999 to September 2002

• Oversaw all aspects of in-house training clinic for graduate student clinicians, including peer supervision, recruitment of prospective clients, client intake screening, case assignment, coordination and teaching of weekly professional issues and skills training courses, crisis management, and administrative duties.

## Group Co-Leader in Dialectical Behavioral Therapy, *Bellefield Clinic, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center.* September 2000 to November 2001

• Co-led skills training group for patients diagnosed with Borderline Personality Disorder, following the model of Marsha Linehan's Dialectical Behavioral Therapy (DBT), and took part in weekly therapist consultation team for DBT clinicians.

# Student Clinician. *Clinical Psychology Center, University of Pittsburgh.* May 1996 to November 2001

• Conducted psychotherapy with adult individuals, families, and children under the supervision of a licensed clinical psychologist. Theoretical orientations included cognitive-behavioral, psychodynamic, client centered, family systems, relationship enhancement, and eclectic.

### Group Leader, Smoking Research Group, University of Pittsburgh. 1997

• Led cognitive-behavioral clinical groups as part of smoking cessation research protocol.

### Pediatric Neuropsychiatric Evaluator, Mercy Hospital, Pittsburgh, PA. 2000

 Performed neuropsychiatric tests on children ages 3 through 16 with traumatic head injuries in the inpatient unit of Mercy Hospital. Test results used for both clinical consultation with child's physician as well as for research purposes. Tests administered include: Wechsler Intelligence Scale for Children, Third Edition (WISC-III), Rey Complex Figure, Wisconsin Card Sort (WCST), Stanford-Binet, COAT (Children's Orientation and Amnesia Test), WRAT-R (Wide Range Achievement Test), Bracken Basic Concept Scale, NEPSY, CBCL, Connors Short Form, Parenting Stress Index, ADD Scale, Post-Concussion Scale, WRAML, COWAT (Oral Word Fluency).

### **TEACHING EXPERIENCE**

### Adjunct Assistant Professor, Postdoctoral Fellow and Psychology Intern-*West Virginia University* School of Medicine, Departments of Behavioral Medicine and Pediatrics. July 2002 to June 2004

• Supervised clinicians, organized seminars, and gave lectures to audiences of social workers, psychologists, physicians, trainees, and students in various clinical and didactic settings (e.g., outpatient and inpatient services, Grand Rounds, case conference, Child Psychology seminar, Adult Psychology seminar, medical school courses).

### Teaching Fellow- University of Pittsburgh, Department of Psychology. January – July 2002

• Taught introductory undergraduate courses in Social and Abnormal Psychology. Duties included all aspects of curriculum development, lecturing, course activities, and evaluation.

## Program Development and Training Consultant- UPMC Montefiore Hospital / Jewish Healthcare Foundation. June – October 2001

• Developed a program to teach therapeutic listening skills for lay volunteers in inpatient hospital setting to provide support services for chronic inpatients and their families.

### Teaching Fellow- University of Pittsburgh, Department of Psychology. January - April 2000 and 2001.

• Developed curriculum and taught a skills-based psychotherapy course to first and second year clinical psychology graduate students.

### Teaching Assistant- Dartmouth College, Department of Education. March – June 1995

• Served as teaching assistant for an undergraduate course in Child Development. Duties included guest lecturing, assistance to students, coordination of student projects conducted in the community, and evaluation of student papers.

#### **RESEARCH EXPERIENCE**

# Psychologist / Research Consultant - *Personality Studies, Western Psychiatric Institute and Clinic, UPMC.* January 2005 to March 2006.

• Duties included interview assessment, development of case formulations, and participation in diagnostic case conferences with fellow clinical evaluators, as well as data analysis, manuscript preparation, subject recruitment, and assistance with grant writing for a study researching the interpersonal effectiveness of people with a diagnosis of borderline personality disorder.

Principal Investigator: Paul Pilkonis, Ph.D.

# Predoctoral Intern and Postdoctoral Fellow - *Pediatric Obesity Study, West Virginia University Department of Behavioral Medicine and Psychiatry.* July 2002 to June 2004

• Duties included collaboration with community advisory boards, instrument development, focus group analysis, development and coding of taxonomies, and subsequent development of treatment interventions for three research projects aiming to tailor children's health interventions to the cultural needs of the rural communities in which they are being implemented.

Principal Investigators: Carole Harris, Ph.D. and Andrew Bradlyn, Ph.D.

# Graduate Student Researcher - *Toddler Project, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center.* 1995 to 2002

 Duties included collection, organization, development of coding protocols, management and analysis of data, and preparation of manuscripts for publication for large research project studying the effects of maternal depression on toddlers' development. Measures administered included: Structured Clinical Interview for DSM-IV, Axis I (SCID-I), Structured Clinical Interview for DSM-IV, Axis II (SCID-II), Family Informant Interview (FISC), and toddler diagnostic interview. Served as Project Coordinator for follow-up study.
Principal Investigator: Kay D. Jennings, Ph.D.

### Graduate Student Intern - Personality Studies Group, Western Psychiatric Institute and Clinic, University of Pittsburgh Medical Center. August 1999 to Fall 2001

• Received training in evaluation and treatment techniques for personality disorders. Conducted semi

structured interviews (SCID, SIDP, and relationship history interview) and developed case diagnostic formulations for research protocol.

Principal Investigator: Paul Pilkonis, Ph.D.

## Interviewer/Examiner - *Psychophysiology of Risk for Depression Study, University of Pittsburgh.* October 2000 to May 2001.

• Conducted semi-structured interviews assessing depression and anxiety symptoms with adults and children (FAS/FDS), and administered short forms of the Wechsler Intelligence Scale for Children (WISC-III) and Wechsler Preschool and Primary Scale of Intelligence (WPPSI-R) to children as part of a longitudinal research project on adults with a history of depressive disorders, adults with a history of anxiety disorders, and children of these adults.

Principal Investigator: Jeffrey Cohn, Ph.D.

## EDITORIAL EXPERIENCE

Guest Reviewer: Journal of Affective Disorders, 2002

## PUBLICATIONS AND PRESENTATIONS

Henderson, E.N., & Jennings, K.D. (2003). <u>Maternal depression and the ability to facilitate</u> joint <u>attention in 18-month-olds</u>. *Infancy*.

Henderson, E.N., & Jennings, K.D. (2001). <u>Affect as a mediator between maternal depression and</u> joint attention: Differences in depressed only versus depressed with comorbid diagnosis mothers. Poster presented at Society for Research in Child Development Biennial Meeting, Minneapolis, MN.

Henderson, E.N. (2001). <u>Effects of Stress and Strategies for Distress Tolerance</u>. Seminar presented at the American Diabetes Association Diabetes Expo 2001, Pittsburgh, PA. Henderson, E.N. (2001). <u>The</u> <u>Role of Distress Tolerance on Treatment Compliance of Medical Complaints.</u> Seminar for family practice medical residents presented at The Western Pennsylvania Hospital, Pittsburgh, PA.

Henderson, E.N., & Jennings, K.D. (2000) <u>The relationship between maternal depression</u> and joint <u>attention in 18 month-old toddlers.</u> Poster presented at International Society for Infant Studies Biennial Meeting, Brighton, U.K.

Henderson, E.N. (2000). <u>Coping and Stress Management.</u> "Hot Topics" presentation delivered at the American Diabetes Association Diabetes Expo 2000, Pittsburgh, PA.

Gaffney, E.N., Mammen, O.K. (1999). <u>Relationships between severity and chronicity of maternal</u> <u>depression and psychopathology in 18-month-olds.</u> Poster presented at Society for Research in Child Development Biennial Meeting, Albuquerque, NM.

Valdes, L.M., Gaffney, E., Macey-Kalcevic, M. (1999). <u>Self-Knowledge and Affect in Toddlers of</u> <u>Depressed and Nondepressed Mothers.</u> Poster presented at Society for Research in Child Development Biennial Meeting, Albuquerque, NM.

**Gaffney, E,N. Mammen, O.K., Jennings, K.D. (1996).** <u>Diagnosing Mental Health Disorders</u> <u>in Toddlers:</u> <u>Relationships between maternal and clinical ratings.</u> Poster presented at Zero to Three National Training Institute, Washington, D.C.

**Gaffney, E. (1993).** <u>Preventing abuse and neglect.</u> Summary paper written for policymakers and media. Office of Child Development Policy and Evaluation Project, University of Pittsburgh Center for Social and Urban Research.

## **CERTIFICATIONS / LICENSURE**

- Licensed Clinical Psychologist, Commonwealth of Pennsylvania (License #PS015659).
- Authority to Practice Interjurisdictional Telepsychology (APIT; #6198) authorized to perform telehealth services in Alabama, Arizona, Arkansas, Colorado, Commonwealth of Northern Mariana Islands, Connecticut, Delaware, District of Columbia, Florida, Georgia, Idaho, Illinois, Indiana, Kansas, Kentucky, Maine, Maryland, Michigan, Minnesota, Missouri, Nebraska, Nevada, New Hampshire, New Jersey, North Carolina,

North Dakota, Ohio, Oklahoma, Pennsylvania, Rhode Island, South Carolina, Tennessee, Texas, Utah, Virginia, Washington, West Virginia, Wisconsin, Wyoming. Vermont (legislation enacted 6/1/2023, effective tentatively 7/1/2024).

• Eagala certified equine assisted psychotherapy mental health provider. Military services designation within Eagala (applied in December 2023 with all necessary qualifications, awaiting approval pending processing of application).